

Akademia Nauk Stosowanych Angelusa Silesiusa z siedzibą w Wałbrzychu

Cosmetology - First - cycle studies
Academic year

Full-time study
2023/2024 2024/2025 2025/2026

Lp.	Name of course	Number of total hours	ECTS	l./conv.	classes/other	Practical skills training/other/Ps	sem	Form of credit	I year				II year				III year			
									1 sem.		2 sem.		3 sem.		4 sem.		5 sem.		6 sem.	
									L	c/ps	L	c/ps	L	c/ps	w.	c/ps	L	c/ps	w.	c/ps
Moduł I - General Subject																				
1	Elective subject: Information technology/Office software	30	3			30		z.o.		30										
2	Elective subject: English/German/ /French Language - A2 – 1	30	3		30			z.o.		30										
3	Elective subject: English/German/ /French Language - A2/B1 – 2	30	3		30			z.o.			30									
4	Elective subject: English/German/ /French Language – B1 – 3	30	3		30			z.o.				30								
5	Elective subject English/German/ /French Language – B2 – 4	30	3		30		4						30							
	Physical education 1	30	0		30			zal.		30										
	Physical education 2	30	0		30			zal.			30									
6	Elective subject: Consumer law/Basics of Labour Law	30	3	30				z.o.			30									
7	Protection of Intellectual Property with library skills training	15	1	15				z.o.	15											
Total:		255	19	45	180	30			15	90	30	60		30	30	0				
Social Sciences Block																				
8	Elective subjects: Beauty Salon Management/Economy	30	4	30				z.o.								30				
9	Elective subjects: Psychology/Sociology	30	2	30				z.o.	30											
10	Elective subjects: Social Communication/New Media	30	3	30				z.o.		30										
Total:		90	9	90					30		30					30				
Module II - Human Biology																				
11	Human Anatomy	45	5	30		15		1	30	15										
12	Cytology and Histology	30	3	15		15		z.o.	15	15										
13	Physiology and Pathophysiology	30	2	30				4					30							
14	Biology with elements of Genetics and Immunology	45	4	30		15		1	30	15										
Total:		150	14	105	0	45			75	45				30						
Moduł III - Biochemical and Biophysical Bases of Cosmetology																				
15	Biophysics	30	3	30				z.o.					30							

16	Cosmetic chemistry 1	60	3	30		30		z.o.			30	30							
17	Cosmetic chemistry 2	60	6	30		30		3					30	30					
18	Cosmetic recipe	60	3	30		30		4							30	30			
19	Biochemistry	60	3	30		30		z.o.							30	30			
Total:		270	18	150	0	120					30	30	60	30	60	60			
Module IV - Pathology in cosmetology																			
20	Microbiology and Parasitology	60	4	30		30		z.o.					30	30					
21	Mycology	30	2	15		15		z.o.							15	15			
22	Elective subject: Basics of dermatology, Basics of allergology	30	2	15	15			z.o.			15	15							
Total:		120	8	60	15	45					15	15	30	30	15	15			
Module V - Public Health																			
23	Premedical First Aid	30	2			30		z.o.		30									
24	Elective subjects: Hygiene/Epidemiology	30	2	30				z.o.			30								
25	Elective subjects: Health Promotion/Health-Oriented Lifestyle	30	2	30				z.o.											30
26	Elective subject: Dietetics/ Dietetics in English	30	3	15	15			z.o.					15	15					
Total:		120	9	75	15	30					30	30		15	15				30
Module VI – Beauty treatment																			
27	Elective subject: Aesthetic medicine and cosmetology/Plastic surgery	30	3	30				z.o.					30						
28	Aesthetics	15	1	15				z.o.	15										
29	Basics of Make-Up and Visage	45	4			45		z.o.		45									
30	Elective subjects: Wedding and photographic makeup/ Retro make up	60	5			60		z.o.											60
31	Elective subject: The Forming of the Silhouette and Attitudes of the Body/Basics of human nutrition	60	5	30		30		5									30	30	
32	Specialist massages	45	2	15		30		z.o.											15 30
33	Elective subjects: Treatments Wellness and Spa/Image in the Cosmetology	30	2			30		z.o.							30				
34	Practical cosmetology 1	75	3	15		60		z.o.			15	60							
35	Practical cosmetology 2	75	4	15		60		z.o.					15	60					

36	Practical cosmetology 3	75	4	15		60		z.o.						15	60					
37	Practical cosmetology 4	75	6	15		60		5								15	60			
38	Modern trends in cosmetology	75	3			75		z.o.											75	
39	Basics of cosmetology	15	1	15				z.o.	15											
40	Basics of physiotherapy	60	4	15		45		z.o.					15	45						
Total:		735	47	180	0	555			30	45	15	60	60	105	15	90	45	150	15	105
Moduł VII – Thesis																				
41	Methodology of writing and presenting diploma theses	30	4	30				z.o.								30				
42	Selected Problems of Cosmetology 1	45	6			45		z.o.									45			
43	Selected Problems of Cosmetology 2	45	3			45		z.o.											45	
44	Preparation for the Diploma Thesis and Final Exam		10					6												
Total:		120	23	30	0			90								30	45		45	
Moduł VIII - Professional Practice																				
45	Student internship 1	320	11			320		z.o.				320								
46	Student internship 2	320	11			320		z.o.						320						
47	Student internship 3	320	10			320		z.o.											320	
Total:		960	32		0	960						320				320			320	
Other																				
48	Safety and Sanitation of Work with Ergonomics	4	1	4				z.o.	4											
Total:		4	1	4					4											
Overall (without practices and BHP)		1860	147	735	210	825	90		150	210	150	165	165	210	120	195	105	195	45	150
Overall (with practices and BHP)		2824	180	739	210	1785	90		154	210	150	485	165	210	120	515	105	195	45	470

Ilość % godzin z możliwością prowadzenia zajęć w formie zdalnej

Ilość godzin z możliwością prowadzenia w formie zdalnej - 724 h – wszystkie wykłady z pominięciem K

Wszystkie ćwiczenia realizowane w bezpośrednim kontakcie ze studentem

